## **SICK POLICY**

If your child experiences a fever (temperature 100 degrees or above) and/or any of the following symptoms, they must remain home from school until symptoms have resolved for 24 hours without the need for medication:

- -vomiting
- -diarrhea
- -persistent cough, sore throat or swollen glands
- -irritated eyes or rashes
- -pain (earache, stomachache, headache or body aches)
- -unusually tired, irritable, pale, confused or lack of appetite

Please notify the teacher if your child will be absent due to illness.

## IF THERE ARE ANY SYMPTOMS THAT ARE CONCERNING, THE CHILD SHOULD BE SEEN BY THEIR HEALTH CARE PROVIDER TO EVALUATE THE NEED FOR COVID TESTING.

- -After an extended illness, a doctor's note may be requested to confirm your child is ready to return to school and participate in all activities.
- -A child who has undergone a medical procedure requiring general anesthesia should stay home for at least 24 hours following anesthesia or until instructed it is safe by their doctor.
- -Children with chicken pox are contagious until all blisters are scabbed over, typically in 10-14 days.

## COVID/QUARANTINE POLICY

CDC Guideline: "Quarantine can end after Day 10 without testing and if no symptoms have been reported during daily monitoring."

The full article can be found at the following link:

https://www.cdc.gov/coronavirus/2019-ncov/more/scientific-brief-options-to-reduce-quarantine.html

In order to protect the health and welfare of our staff, our children, our families and our community, the following is our policy regarding COVID contact.

- If your child is a **contact**, meaning that they were directly exposed to a positive case of COVID, they are mandated to quarantine.
- If your child is a **contact of a contact**, meaning that they were exposed to someone who was exposed to a positive case of COVID, they are also mandated to satisfy the quarantine.
- If the child presents with symptoms, a negative COVID test will be required to return to school after quarantine.

Some parents have asked if children may return to school if they test negative. The answer is no because:

- In the case of a **contact**, no testing allows for an early release from quarantine.
- In the case of a **contact of a contact**, although the contact may test negative, the health Department does not recommend that we rely on these tests because the virus may present at a later date.

If this happens, and the **contact of the contact** has been in school, it may impact the teachers, other students, their families and our ability to keep the school open.

## PREVENTION TIPS TO REINFORCE TO YOUR CHILDREN:

- Wash your hands with soap and water or use hand sanitizers.
- Wear your mask.
- Avoid touching your eyes, nose and mouth to prevent germs from spreading.
- When possible, avoid contact with sick people.